



Physical & DragonFly Information

Physicals

In order to participate in any school athletics, **including open gyms and tryouts**, your child will need to have a completed and up-to-date physical on file.

Physicals have to have been completed within the prior calendar year at the time of tryouts to be considered current.

- Your child's physical may be current during tryouts, but expire before the season starts. He/she will be required to complete and submit an updated physical prior to the start of practices.

There are 3 parts to the Physical:

- Health History Form (2 pages)
- *Physical Exam Form (1 page)
- *Medical Eligibility Form (1 page)

*These **must** be signed and dated by an approved healthcare provider - MD, DO, PA, or APN

*Make sure that your child's name and date of birth is at the top of each page.

*All 4 pages will need to be scanned and uploaded to DragonFly, it is easiest if scanned together

ALL physical forms must be completed on the GHSA forms. **No other forms will be accepted.**

- These forms may be accessed through the school's website:
 - <https://www.oconeeschools.org/MBMS> → Athletics → Physical Information

* Directions for DragonFly Max on the back of this form

DragonFly MAX

Once you have completed the GHSA Physical Forms, you will need to upload them to your child's DragonFly Account.

Creating a new DragonFly Account:

1. Go to www.DragonflyMax.com to get started
2. Click "Sign Up for Free"
3. Sign up with parent/guarding name and email address
 - a. Please note: you cannot sign up using @oconeeschools.org email address
4. Check email and verify account
5. Review terms and conditions in Dragonfly Max account and click "Accept"
6. Click "Get Started"
7. Follow on screen prompts and select "Parent" as role
8. Review your information and click save
9. Add athlete - select the school and sports in which your athlete will participate. Review information and click Save

Returning Users:

1. Log in to your account.

Completing Required Forms:

1. Click "Submit Paperwork" under child's name
2. Scroll down to the "Things to Do" Section
3. Click "Get Started" under **2024-2025** school year
4. A checklist of all the required forms will appear. Click on each one, complete the form, and save. The box should turn green when it is completed.
5. Upload both the Physical Examination Form and Medical Eligibility Form of your child's most recent physical. (Note: it is easiest to scan all 4 pages and upload to each section that pertains to the physical)
6. Once every box is green, the account is complete. **The account must be 100% complete in order for your child to be eligible to participate in school athletics.**
7. The athletic trainer will need to approve your child's account and physical. Please allow 24-48 hours for this process.

If you have any questions regarding this process, please feel free to contact Kacelyn Cadena, the Certified Athletic Trainer, at kcadena@oconeeschools.org.